

Kids' Worship Guide
Sunday, 30 August 2020
Shadyside Presbyterian Church

What's the toughest thing you've ever had to do?

Give this question some thought. What is the most difficult thing you have ever done? What thing has challenged you the most?



Maybe it's a physical challenge, like in a sport. Maybe you have had to tell someone something you knew would make them unhappy. Maybe it's been taking a really difficult test for school or auditioning for band, orchestra, or choir. Maybe it's being nice to someone you really don't like all that much.



The apostle Paul told the first Christians - or Christ followers - that following Jesus was probably going to be one of the most difficult things they had ever done. Paul said being a Christian wouldn't be easy and they would have to learn to live their lives differently.

Romans 12:9-21 is sort of like a to-do list or action item list for Christians. See page 3 of this bulletin for something you can make to help you remember some of things Paul tells us to do.

Where in the Word is the Word?

Our scripture readings today are from the Old and New Testaments: Psalm 26:1-8 and Romans 12:9-21

Psalm 26 is called a "Psalm of David." David prayed to God using this Psalm. At first, it may sound like David is bragging about how awesome he is and how faithful he is to God. When we look at the reason for David's prayer, we learn David was being hunted down by King Saul and David was afraid and asking for God's help.



David was trying to live a good life. He had gone against God's laws in the past, but was working so hard to do better. God loves when we try to learn from our mistakes. God listens when we ask for help. God listens when we are afraid or hurt or suffering.

David wasn't trying to be a show-off. David was looking to God to save him, keep him safe, and forgive him.

God keeps us safe and forgives us too - because God loves us, all the time.

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Change can be good

Last Sunday, we learned Paul told the Romans that to follow God the people had to change the way they were living. This week, we hear what Paul told the Romans they needed to do to change. Another word for change is TRANSFORM.

Take a look at the picture below. What do you think this was before it was transformed?

Paul isn't telling us to change how we look on the outside like this transformer. Paul is reminding us sometimes we need to change how we are on the inside.



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Paul's To-Do List for Christians

S X B S R E G N A R T S E M O C L E W D
 S R U E P G S Q O N R G N I S C H E R E
 E H E U H U A M O E B I B L E Z A R E M
 N S N H S O A Q H C O O P E R A T E S R
 D L G E T N N T Y T I L A U Q E E Y P O
 N Y J N S O O E D O O G O D D V E A E F
 I P T S I E E D S B E H A P P Y V R C S
 K R M L V L E V D T S M E R E J I P T N
 S E D O A V E O R H Z L P F O O L S P A
 S A L D O Y G E A E B M E A S N P S I R
 E C F T P E O R F M S E Q W T Z O L T T
 L H I C V S I L U S O R R O W H F H E P
 B O S O E N A H K D J X H I C E Y B A L
 N O L T G I W L S I P J I E E F J K C A
 Q N Y U P E L P M A X E B D I Z E B H I

BE HAPPY	FEELINGS	PREACH
BE HONEST	HATE EVIL	PSALM
BIBLE	HONOR	RESPECT
BLESS	HUMBLE	ROMANS
COOPERATE	JESUS	SERVE OTHERS
DEVOTION	KINDNESS	SHARING
DO GOOD	LOVE GOD	SING
EMPATHY	LOVE OTHERS	SORROW
EQUALITY	LOYALTY	TEACH
EXAMPLE	PEOPLE	TRANSFORMED
FEED	PRAYER	WELCOME STRANGERS

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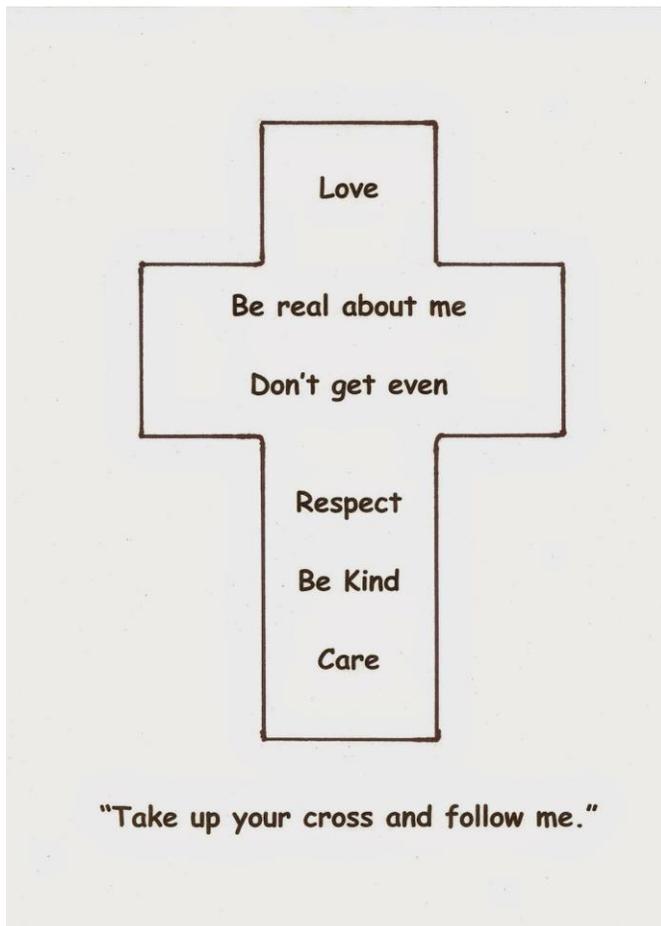
Activity: Create and decorate a poster to help us remember how to be more like Jesus

What you need:

- Paper or poster board
- Markers, crayons or color pencils
- A ruler or something straight to draw the lines

Instructions:

- Look at the example below. Using the Idea List, write words inside the cross that will help you remember how to be more like Jesus when you are with other people
- Decorate the cross or color it anyway you like
- Put your cross or poster someplace you will see it everyday
- Add any other decorations you like



Idea List

- Love one another
- Do not think you are way smart and way better than others
- Forget about getting even
- Treat everyone you meet with respect
- Be kind - even to those who are not kind to you
- Pay attention to the feelings of others
- Live in peace with people whenever possible
- Let God handle big problems in life
- Help by serving others
- Make praying a regular thing in your life

We'd love to share your creations with our church friends. Take a picture and send it to Ms. Ellen: eallston@shadysidepres.org